

# October 2024 | WELLMAN UNION CAFE



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Breakfast Cookie Yogurt or Breakfast Bread Yogurt	<b>2</b> Breakfast Burrito Hashbrown or Banana Split	<b>3</b> Breakfast-Combo or Breakfast Strudel Cheese Stick	<b>4</b> Morning Griddle-Sandwich or Cereal Variety Toast
<b>7</b>	<b>8</b> Breakfast-Pizza or Breakfast Strudel Cheese Stick	<b>9</b> French Toast Sausage or Muffin Yogurt	<b>10</b> Biscuit Gravy Scrambled Eggs Bacon or Breakfast Bread Yogurt	<b>11</b> Pancake Wrap Yogurt or Cereal Variety Toast
<b>14</b>	<b>15</b> Waffles Bacon or Breakfast Bread Yogurt	<b>16</b> Biscuit & Sausage or Breakfast-Parfait	<b>17</b> Early Bird-Sandwich or Breakfast Crackers Cheese Stick	<b>18</b> Donut Sausage or Breakfast Round Yogurt
<b>21</b>	<b>22</b> Sausage Kolache Yogurt or Breakfast Strudel Cheese Stick	<b>23</b> Sunrise-Sandwich or Muffin Yogurt	<b>24</b> Breakfast-Pizza or Breakfast Bread Yogurt	<b>25</b> Dutch Waffle Sausage or Cereal Variety Toast
<b>28</b>	<b>29</b> Pancakes Bacon or Breakfast Crackers Cheese Stick	<b>30</b> Breakfast Burrito Hashbrown or Breakfast Parfait	<b>31</b> Stuffed Bagel Cheese Stick or Breakfast Bread Yogurt	 <p><b>Apples</b> Season in Texas: July-November <b>Did you know?</b> There are about 2,500 different kinds of apples grown in the United States</p> 

## Announcements:

White, Chocolate, and Strawberry Milk Served Daily

Fresh Fruit and Juice Served Daily

\* Menu is Subject to Change



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
National School Lunch Program

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Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Cheeseburger Garden Salad Sweet Potatoes Seasonal Fresh Fruit	<b>2</b> Frito Pie Pinto Beans Tomatoes Chilled Pineapple Cookies (K-12) Teddy Grahams(PreK)	<b>3</b> Pizza Pocket Celery Carrots Mixed Fruit Frozen Yogurt Cup	<b>4</b> Chicken Parmesan Savory Green Beans Corn Roll Peaches
<b>7</b>	<b>8</b> Oven Fried Chicken Mashed Potatoes Tomato Cup Roll Fruit Cup	<b>9</b> Quesadilla Salsa Pinto Beans Cucumber Apricots Ice Cream Cup	<b>10</b> Asian Bowl Egg Roll Broccoli Corn Mandarin Oranges	<b>11</b> Pizza Carrots Savory Green Beans Seasonal Fresh Fruit
<b>14</b>	<b>15</b> Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberries	<b>16</b> Mexican Combo Spanish Rice(HS) Beans Carrots / Salsa Hot Cinnamon Apples Sherbet	<b>17</b> Meatball Sub- Sandwich Garden Salad Green Beans/Peaches Brownie (K-12) Animal Crackers(PreK)	<b>18</b> Potato Bowl Tomato Cup Roll Snowball Salad
<b>21</b>	<b>22</b> Ranchero Wrap Beans Corn Salsa Orange Smiles Pudding	<b>23</b> Pulled Pork Sliders Carrots Squash Grapes	<b>24</b> Hamburger Chips Tomato Cup Garden Salad Pears	<b>25</b> Philly Cheese- Steak Sandwich Corn / Cucumbers Rosy Applesauce Cookies (K-12) Graham Crackers(PreK)
<b>28</b>	<b>29</b> Breaded Drumstick Biscuit Garden Salad Sweet Potatoes Seasonal Fresh Fruit	<b>30</b> Walking Taco Pinto Beans Tomatoes Chilled Pineapple Crispy Treats(k-12) Animal Crackers (PreK)	<b>31</b> Boneless Chicken- Wings Chips / Celery Carrots Mixed Fruit Sherbet	

## Announcements:

White Milk Served Daily (PreK)

White, Chocolate, and Strawberry Milk Served Daily (K-12)

Fresh Fruit and Juice Served Daily (HS)

\* Menu is Subject to Change

## Apples

Season in Texas: July-November

Did you know?

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